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International Training Programme

National Centre for Knowledge on Men's
Violence Against Women, Uppsala University

June 8th 2018

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MEN'S VIOLENCE AGAINST WOMEN

Malin Eriksson
Information Officer / Trainer



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A National Knowledge and Resource Centre

- **Uppsala University**
Research, training and information
on men's violence against women
- **Uppsala University Hospital**
Care for women subjected to violence
(out-patient clinic and telephone helpline)

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NCK is Commissioned by the Swedish Government to:

- Collect and spread knowledge, research and methods
- Provide training for students and professionals
- Do clinical research
- Develop new methods
- Support government agencies and organisations
- Provide support for women

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Violence Against Women – an Issue of Human Rights

Globally...

1993 UN Declaration on the Elimination of Violence Against Women	1997 "Violence against women – a priority health issue" WHO Statement	2011 Council of Europe: The Istanbul Convention	2016 UN Agenda 2030: 5.2
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In Sweden...

1993 The Swedish Commission on Violence Against Women	1998 Violence against Women Government Bill, New Legislation: "Gross Violation of a Woman's Integrity"	2007 The Swedish Government's National Action Plan	2014 The Istanbul Convention entries into force	2016 National Strategy
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Target groups

- Professionals (police, social workers, doctors, nurses, prosecutors)
- Students
- Decision makers
- Women subjected to violence



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UN Declaration on the Elimination of Violence against Women

Responsibility of the member states:

“States should pursue by all appropriate means and without delay a policy of eliminating violence against women.”

Proclaimed by General Assembly resolution 48/104 of December 20th 1993

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Power relations and violence

“...violence against women is a manifestation of historically unequal power relations between men and women [...] violence against women is one of the crucial social mechanisms by which women are forced into a subordinate position compared to men.”

(UN Declaration on the Elimination of Violence against Women, 1993)

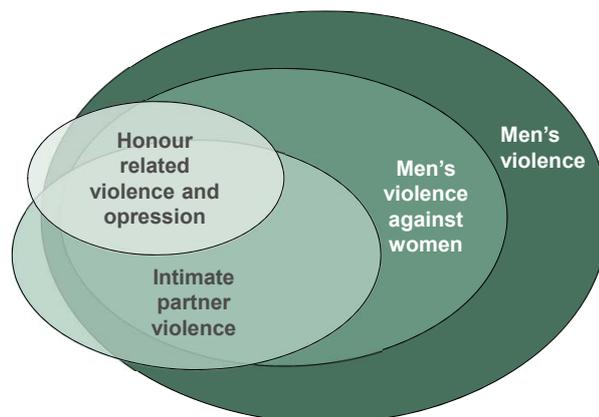
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Sub-goal six: “Men's violence against women must end”



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SOU 2015:55



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A Continuum of Violence

“The sub-target that men's violence against women must end includes all expressions of mental and physical violence, including sexual violence, and threats of violence targeting women and girls.”

- Swedish Government

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NCK and the Istanbul Convention

Prevention

Training of professionals

Protection and support

24/7 telephone helpline

Ensuring access to adequate
information for victims of crime

Improved medical counseling,
trauma care and forensic
services

Prosecution

Routines for medical
examinations, collecting samples
and medical forensic reports



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Examples of Self-initiated Projects and Governmental Commissions

- “Violence and Health in Sweden”
- a National prevalence study
- The National Programme for the
care of victims of sexual assault
- Methods for asking about
violence in the health care

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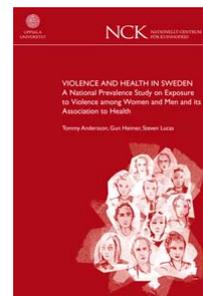
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“Violence and Health in Sweden”

- National prevalence study
- 10,000 women and 10,000
men invited
- Exposure to sexual, physical
and psychological violence
during lifetime
- Links to health
- Uppsala University and Umeå University
- Statistics Sweden conducted the data collection
- First report published in 2014



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Severe Violence

- **46 % of the women during their life**
sexual 11% (adult)
psychological 22% (adult)
physical 10% (adult)
- **38 % of the men during their life**
sexual 1% (adult)
psychological 9% (adult)
physical 15% (adult)

(Violence and Health in Sweden, NCK-Report 2015:1)

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Physical violence or threats of physical violence

Exposure in adulthood (from age 18)

Women are usually subjected to violence by a partner (14 percent), rarely by someone unknown (3 percent). The other way around for men (5 and 16 percent respectively).

Approximately 20 percent of both women and men subjected to any type of violence had reported to the police.

(Violence and Health in Sweden, NCK-Report 2015:1)



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Violence and Links to Health

- Symptoms of physical and mental ill-health more common among people subjected to **severe violence**: headaches, pain, intestinal problems, PTSD

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(Violence and Health in Sweden, NCK-Report 2015:1)



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Violence and Links to Health

- Among both women and men who had been subjected to **severe sexual abuse** as children or adults, symptoms of PTSD were approximately three to five times more common as for others.
- Symptoms of physical ill-health such as headaches, pain in the shoulders or neck, vertigo or recurring intestinal problems are more common in individuals who have been subjected to **severe sexual violence**.

(Violence and Health in Sweden, NCK-Report 2015:1)



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Identifying Exposure to Violence

- Violence affects health in many ways
- Few disclose experiences of violence spontaneously
- Training is crucial – knowledge on violence and local routines



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Benefits of Identifying Abuse

- Adequate help for women subjected to violence can be provided
- Can explain symptoms
- Improved quality of life for the woman
- Less use of health care resources

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Government Commission: Methods for Asking About Violence in the Health Care

- 19 authors, experts in their fields
- 4 studies
- Recommendations



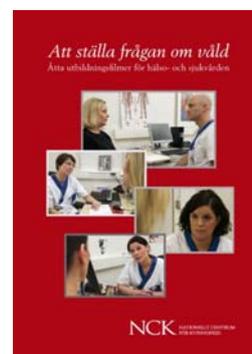
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Training for Health Care staff

- Educational material with questions for discussion
- Eight scenes from the health care
- University course: Training of trainers (specialized for the health care)



National Action Programme for the Management of Victims of Sexual Assault

Governmental commission initiated
by the Ministry of Justice in order to

- improve the medical and psychosocial care
- clarify the health care services' role in the judicial process



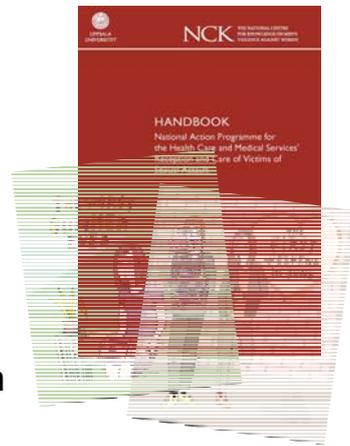
Guide and Sexual Assault Evidence Collection Kit

- Pre-packaged kit for examination (women and men)
- Includes the Guide and information about the helpline for women
- Available nationally since January 2011



Work goes on...

- Instruction film
- Multi-disciplinary anthology on rape
- Cartoon style short stories
- Website
- Translated into English
- Project in South Africa



Knowledge about violence and its consequences is important for

- giving professional care to victims of violence
- successful violence prevention
- changing attitudes



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Training for students and professionals

- University courses
- Contracted education
- Consultation for governmental agencies and organisations
- Teaching media
- E-learning

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University Courses

For students:

- Men's violence against women
– undergraduate level

For professionals:

- Men's violence against women
- focusing on cross professional learning
- Training of trainers
- Specialized training for professions
(medical staff, police, social workers,)

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Perspectives

Interdisciplinary perspective

Medicine, law, sociology, criminology, psychology, victimology, gender studies, political science

International agreements

CEDAW (1979) UN Convention on the Elimination of all kinds of Discrimination Against Women

Declaration on the Elimination of Violence Against Women (1993)

European Council: The Istanbul Convention 2011

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Our methodology

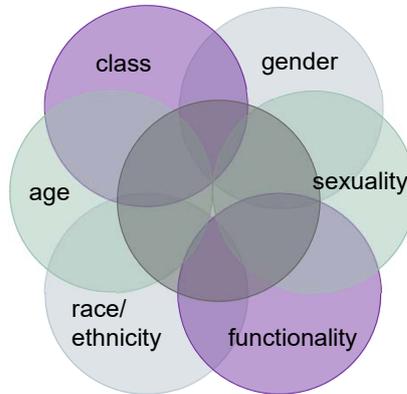
- Learning together through reflection
- Problem solving and analysis
– no “universal solution”
- Norm-critical pedagogy

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Intersectionality and Vulnerability



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Lockhart & Danis (2010). *Domestic Violence: Intersectionality and Culturally Competent Practice*



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Intersectionality and Vulnerability in Practice

The concept of vulnerability, in connection to violence, reveals how people

- who differ from the **norm**
- may be subjected to **violence** and **discrimination** in ways
- that require **special support from society**.

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If not...

- Criminal acts might be overseen
- Difficulties to seek support and / or to be believed
- Particularly strong dependence

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Teaching media

- Textbook
- Films
- Workbooks



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Making Knowledge Accessible - nck.uu.se/kunskapsbanken

- Information on researchers
- Introductory texts
- Publication/reports from authorities

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Kunskapsbanken – samlad kunskap för kvinnofrid



NCK:s kunskapsbank är en webbplats för dig som söker kunskap inom områdena mäns våld mot kvinnor, hedersrelaterat våld och förtryck samt våld i samkönade relationer. Här hittar du forskare och aktuella forskningsprojekt, ämnesguider, litteraturlists samt en mängd publikationer från NCK och andra myndigheter.

Webbkurs om våld →

Webbatöd för kommuner →



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Special Websites for Social Services and Health Care (including Dental Care)

- More practical information
- “Learning examples”
– stories from workplaces
around Sweden



E-learning on Violence Against Women

- Introduction course for professionals
- Increase the level of knowledge
nationally
- Free of charge
- For individuals or groups
- Launched in
September 2016





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Filmed Interviews with Experts and Professionals



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Kvinnofridslinjen – Sweden's National Helpline

- Commissioned by the Swedish Government
- Run by NCK's clinical unit at Uppsala University Hospital
- Started in December 2007
- 30 000 calls/year (population in Sweden 10 million)

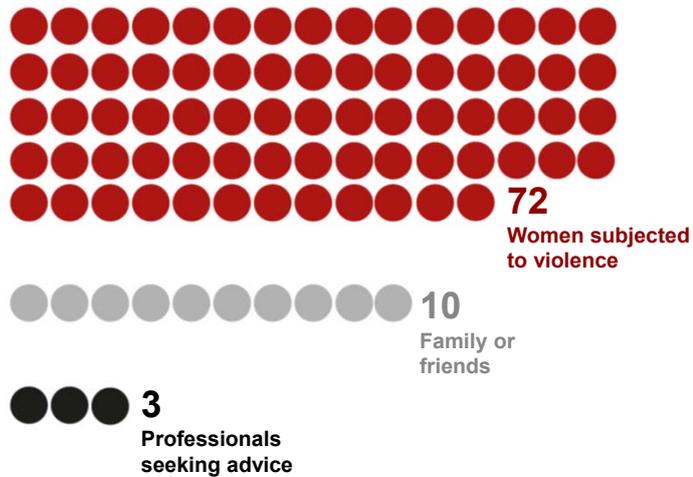
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Professional and Easily Accessible

- Open 24/7/365
- Professional staff
- Free call, does not appear on the phone bill
- Information about local resources all over Sweden: women's shelters, social service, medical care et cetera
- Access to interpreters
- Website
- Information available in 27 languages
- Can only be reached from within Sweden

85 Calls a Day

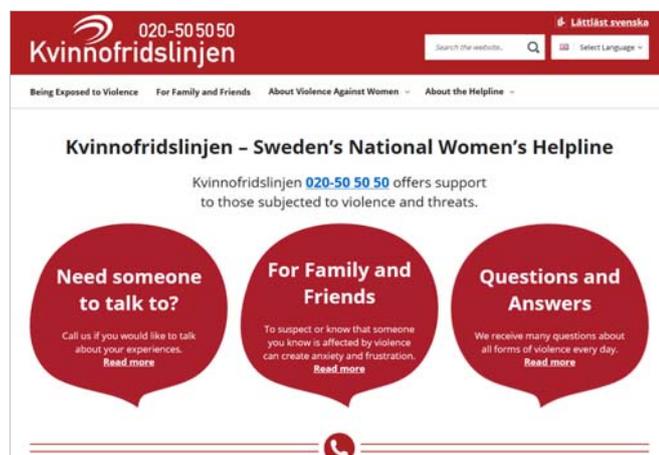


A Helpline Must be Well Known

- Posters, leaflets and information cards (over 25 languages)
- Distributed to hospitals, police stations, pharmacies et cetera
- Ads in newspapers and on internet
- Press releases



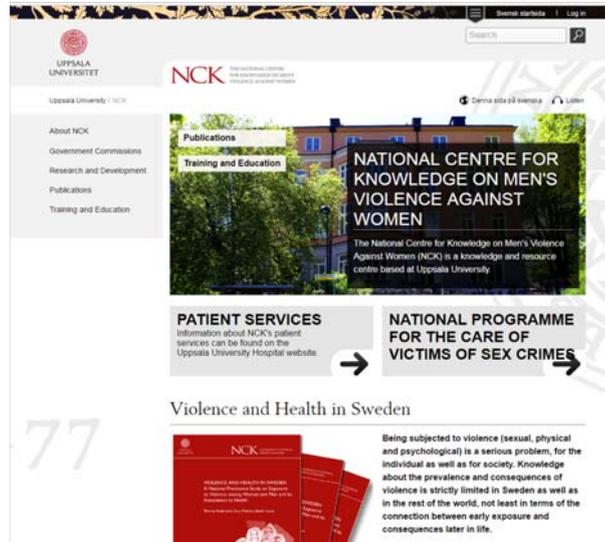
www.kvinnofridslinjen.se/en





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www.kvinnofridslinjen.se

malin.eriksson@nck.uu.se

 KvinnofridNCK

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020-50 50 50

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