



# **Foundations**

**Payed for by society in agreements and generell fee.**

**~50 clients per year**

**4 therapeuts, consultants**

**2 admin, part-time**

**Voluntary participation**

**Mapping + 24 times individually or in group**

**Recordkeeping  
Partnercontact mandatory**

# **Our clients**

**Men and women**

**Using gender/domestic/close-relation violence**

**Mostly between 30-50 years**

**”A/P” professions**

**Voluntary participation**

**Contact direct by themselves**

**Pushed by their partner/co-parent**

**Pushed by social services.**

# **\* Advice and support**

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- \* Detail Calls-mutual info**
- \* Mapping – assessment**
- \* Treatment in groups or individually**
- \* Partner - co-parent contact (Childrens perspectives)**
- \* Evaluation -estimation**
- \* Handover**

# Pillars

***How does man  
function?***

**Biological**

**Psychological**

**Social**

***Theoretical starting  
points***

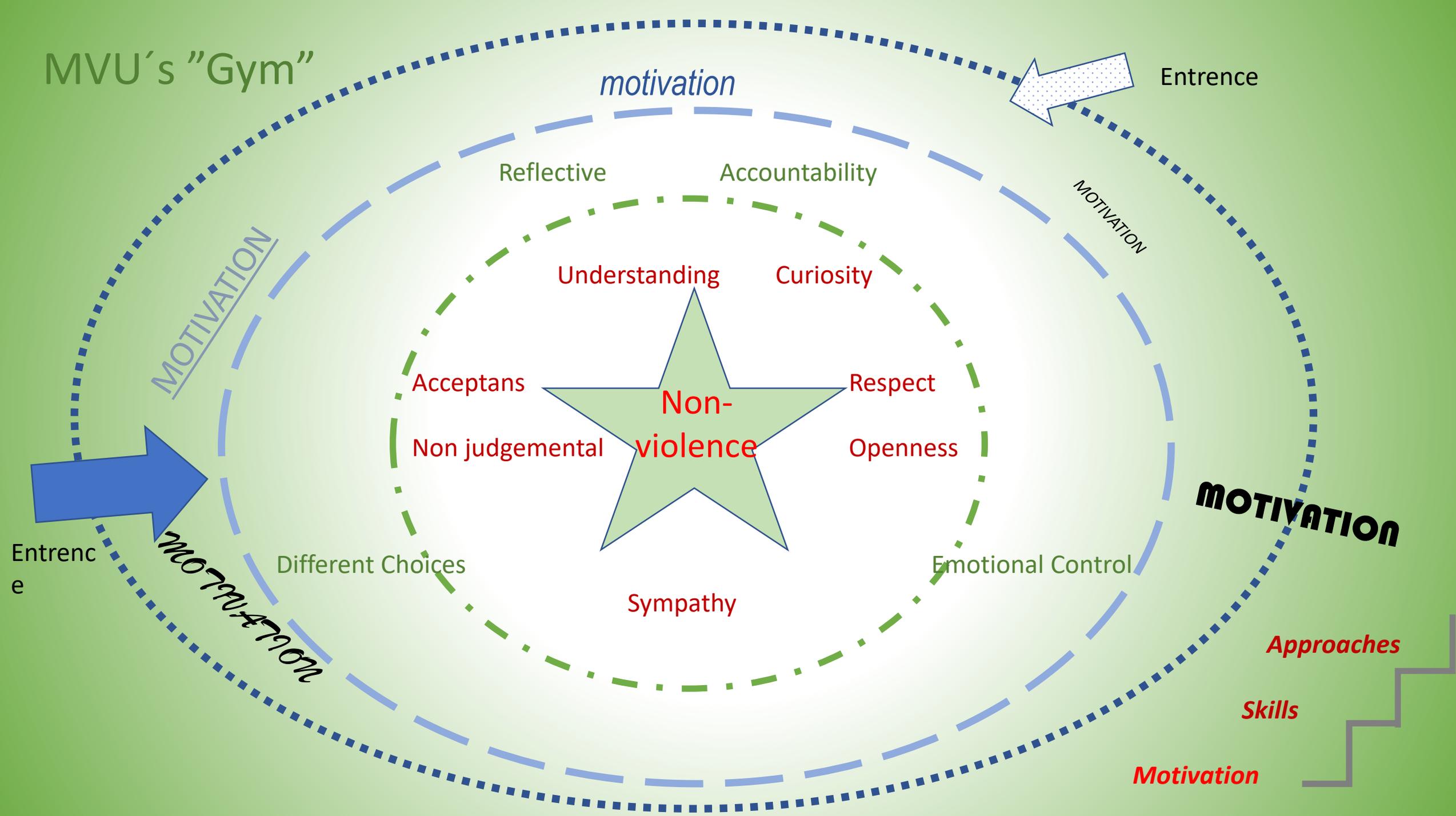
**Affect Theory**

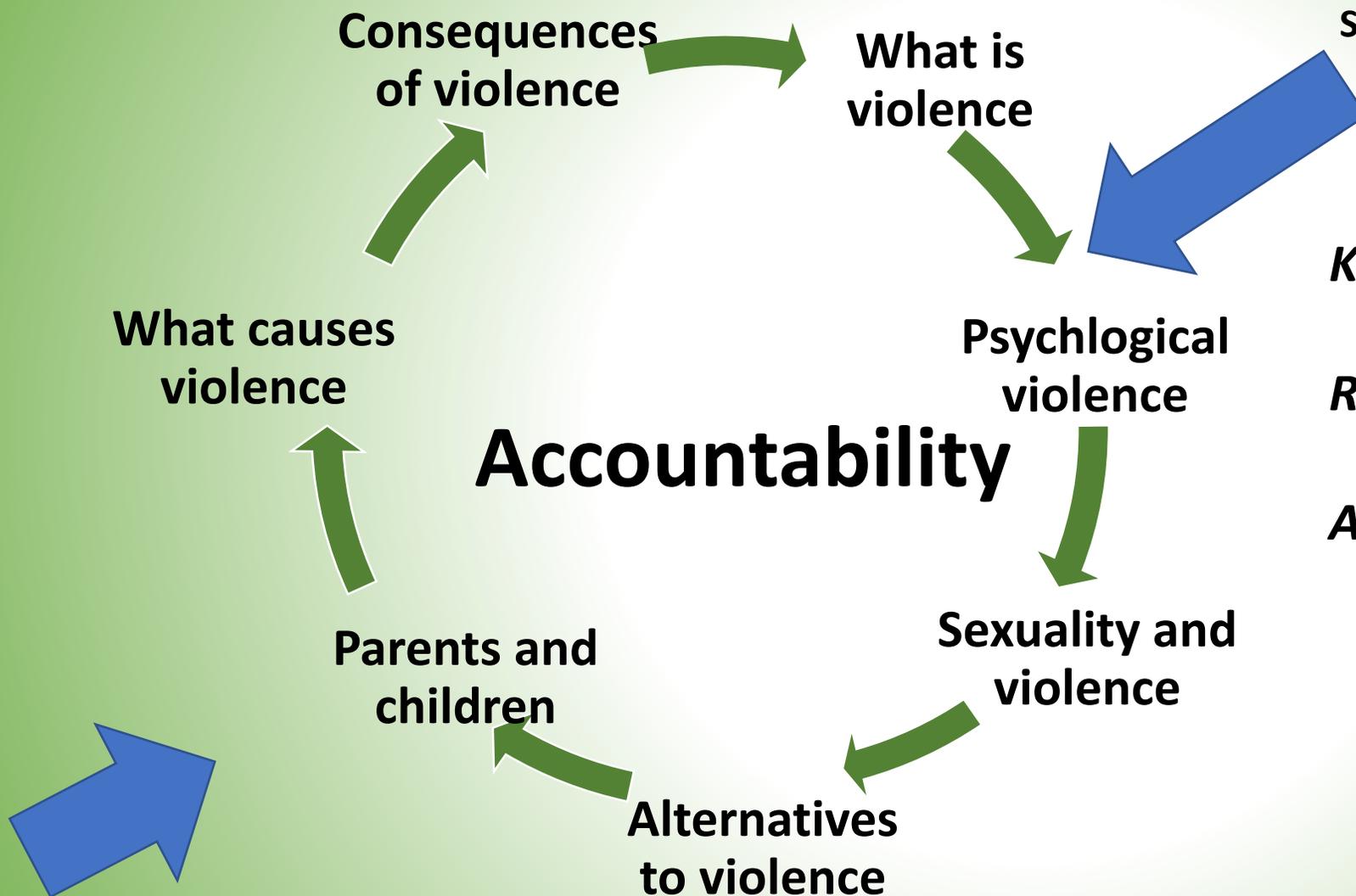
**Attachment Theory**

**Mentalisation Theory**



# MVU's "Gym"





Semi-open



*Knowledge – INSIGHT*

*Reconstruction – PROCESSING*

*Application - CHANGE*







**"Violence is every act directed against another person, which, through this act, harms, pains, scares or violates, causes this person to do anything against his will or refrain from doing anything she/he wants."**

***(Per Isdal ATV)***

Based on **UN's human rights convention** and the Swedish government's **gender equality goals, Childrens Convention and NON-violence.**

We do keep a **record** for every client

Continuous riskassessments. We are obliged to inform authorities if **we feel worried** about the situation for children in the families in treatment

Members of the **Work-with-perpetrators-** european network .

**Quality securing system**

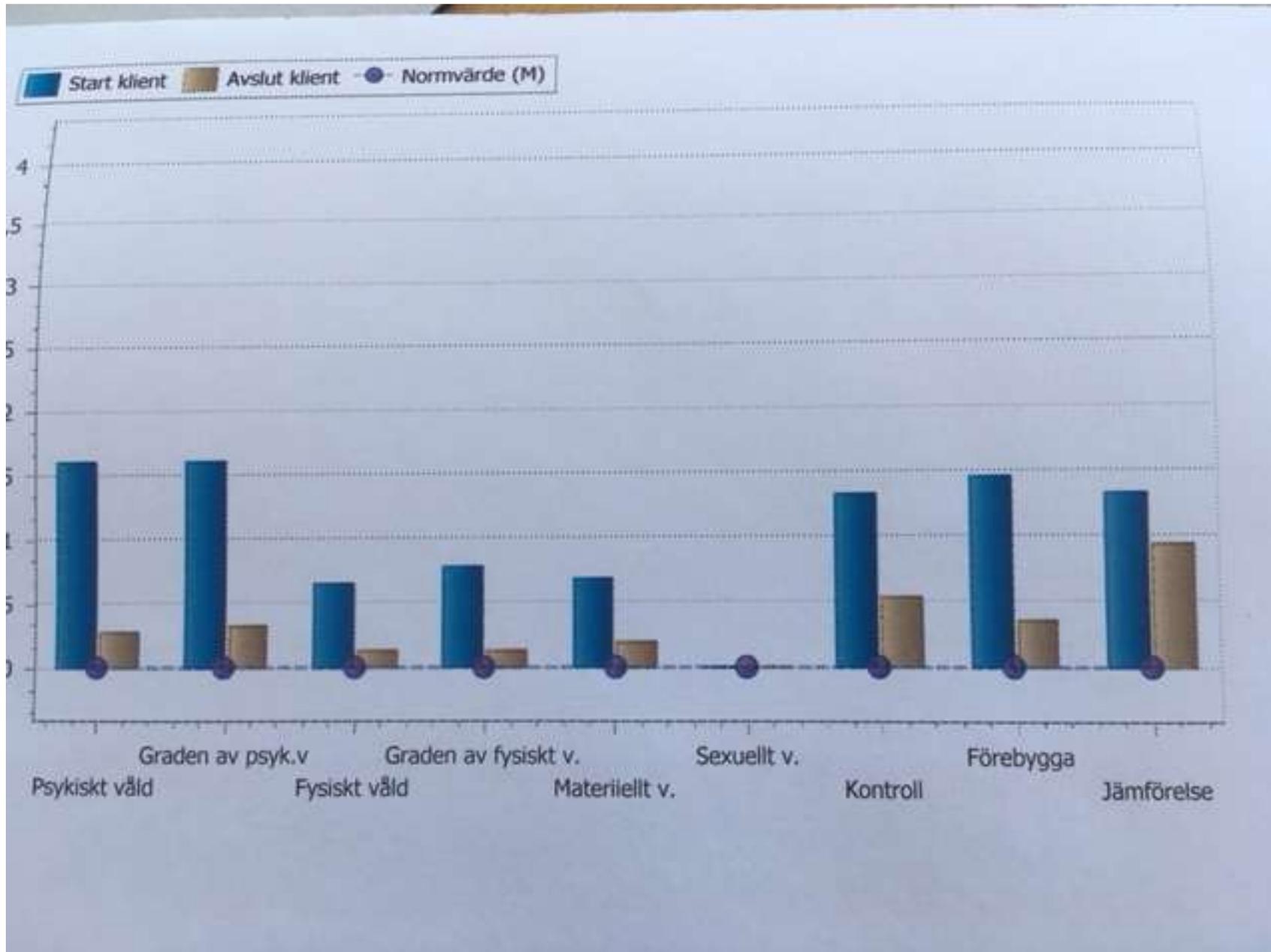
**Screenings in the start and in the end.  
The starting points for the treatment plan.**

## **Violence**

**Questions to estimate the frequency and the severity of the actual violence/threats. Used again at the end of the treatment period to see if progress has occurred.  
If useful we repeat the questions in midterm.**

## **Wellbeing(pressure)**

**The status of the client- fysically and psykologically.  
As a start and end-evaluation of the effects of the treatment.  
SCL-90 focus on Anxiety, Paranoia, OCS, Need to control,  
Aggression, Interpersonal Sensitivity, Phobia and Somatic.  
It gives a good picture of the persons ability to cope  
with the treatment, and life).**



# VIOLENCE

Clients estimations of the frequency and severity level of the violence

2016-2017

Compares with *Therapeut* *Partner co-parent*

MVU Mottagningen mot våld i nära relationer i Uppsala, MVU

My anger — what I feel and what I do

If we say that anger has 6 degrees, where 1 is the least and 6 the most.

Think about words that fit for the different degrees  
and describe also what you usually do when you.

**Words/names for ANGER**

**Degree**

- 1**
- 2**
- 3**
- 4**
- 5**
- 6**

**What do I feel, What do I do?**