



UPPSALA  
UNIVERSITET

# International Training Programme

National Centre for Knowledge on Men's  
Violence Against Women, Uppsala University

June 8<sup>th</sup> 2018



Malin Eriksson  
Information Officer / Trainer



UPPSALA  
UNIVERSITET



## A National Knowledge and Resource Centre

- **Uppsala University**  
Research, training and information  
on men's violence against women
- **Uppsala University Hospital**  
Care for women subjected to violence  
(out-patient clinic and telephone helpline)





UPPSALA  
UNIVERSITET

## NCK is Commissioned by the Swedish Government to:

- Collect and spread knowledge, research and methods
- Provide training for students and professionals
- Do clinical research
- Develop new methods
- Support government agencies and organisations
- Provide support for women

**NCK**

THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN



UPPSALA  
UNIVERSITET

## Violence Against Women – an Issue of Human Rights

### Globally...

**1993**

UN Declaration on the Elimination of Violence Against Women

**1997**

"Violence against women – a priority health issue"  
WHO Statement

**2011**

Council of Europe: The Istanbul Convention

**2016**

UN Agenda 2030: 5.2

### In Sweden...

**1993**

The Swedish Commission on Violence Against Women

**1998**

Violence against Women Government Bill, New Legislation: "Gross Violation of a Woman's Integrity"

**2007**

The Swedish Government's National Action Plan

**2014**

The Istanbul Convention entries into force

**2016**

National Strategy

**NCK**

THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN



UPPSALA  
UNIVERSITET

## Target groups

- Professionals (police, social workers, doctors, nurses, prosecutors)
- Students
- Decision makers
- Women subjected to violence



UPPSALA  
UNIVERSITET

## UN Declaration on the Elimination of Violence against Women

### **Responsibility of the member states:**

“States should pursue by all appropriate means and without delay a policy of eliminating violence against women.”

Proclaimed by General Assembly resolution 48/104 of December 20<sup>th</sup> 1993

**NCK**  
THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN



UPPSALA  
UNIVERSITET

## Power relations and violence

*“...violence against women is a manifestation of historically unequal power relations between men and women [...] violence against women is one of the crucial social mechanisms by which women are forced into a subordinate position compared to men.”*

(UN Declaration on the Elimination of Violence against Women, 1993)

**NCK**

THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN



UPPSALA  
UNIVERSITET

## Sub-goal six: “Men's violence against women must end”



**NCK**

THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN

SOU 2015:55



UPPSALA  
UNIVERSITET

## A Continuum of Violence

“The sub-target that men's violence against women must end includes all expressions of mental and physical violence, including sexual violence, and threats of violence targeting women and girls.”

- Swedish Government

**NCK**

THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN



UPPSALA  
UNIVERSITET

## NCK and the Istanbul Convention

### **Prevention**

Training of professionals

### **Protection and support**

24/7 telephone helpline

Ensuring access to adequate  
information for victims of crime

Improved medical counseling,  
trauma care and forensic  
services

### **Prosecution**

Routines for medical  
examinations, collecting samples  
and medical forensic reports



UPPSALA  
UNIVERSITET

## Examples of Self-initiated Projects and Governmental Commissions

- “Violence and Health in Sweden”  
- a National prevalence study
- The National Programme for the  
care of victims of sexual assault
- Methods for asking about  
violence in the health care

**NCK**

THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN



UPPSALA  
UNIVERSITET

## “Violence and Health in Sweden”

- National prevalence study
- 10,000 women and 10,000  
men invited
- Exposure to sexual, physical  
and psychological violence  
during lifetime
- Links to health
- Uppsala University and Umeå University
- Statistics Sweden conducted the data collection
- First report published in 2014



**NCK**

THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN

## Severe Violence

- **46 % of the women during their life**  
sexual 11% (adult)  
psychological 22% (adult)  
physical 10% (adult)
- **38 % of the men during their life**  
sexual 1% (adult)  
psychological 9% (adult)  
physical 15% (adult)

*(Violence and Health in Sweden, NCK-Report 2015:1)*

## Physical violence or threats of physical violence

### Exposure in adulthood (from age 18)

Women are usually subjected to violence by a partner (14 percent), rarely by someone unknown (3 percent). The other way around for men (5 and 16 percent respectively).

---

Approximately 20 percent of both women and men subjected to any type of violence had reported to the police.

*(Violence and Health in Sweden, NCK-Report 2015:1)*



UPPSALA  
UNIVERSITET

## Violence and Links to Health

- Symptoms of physical and mental ill-health more common among people subjected to **severe violence**: headaches, pain, intestinal problems, PTSD

**NCK**  
THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN

*(Violence and Health in Sweden, NCK-Report 2015:1)*



UPPSALA  
UNIVERSITET

## Violence and Links to Health

- Among both women and men who had been subjected to **severe sexual abuse** as children or adults, symptoms of PTSD were approximately three to five times more common as for others.
- Symptoms of physical ill-health such as headaches, pain in the shoulders or neck, vertigo or recurring intestinal problems are more common in individuals who have been subjected to **severe sexual violence**.

*(Violence and Health in Sweden, NCK-Report 2015:1)*





UPPSALA  
UNIVERSITET

## Identifying Exposure to Violence

- Violence affects health in many ways
- Few disclose experiences of violence spontaneously
- Training is crucial – knowledge on violence and local routines



**NCK**

THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN



UPPSALA  
UNIVERSITET

## Benefits of Identifying Abuse

- Adequate help for women subjected to violence can be provided
- Can explain symptoms
- Improved quality of life for the woman
- Less use of health care resources

**NCK**

THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN

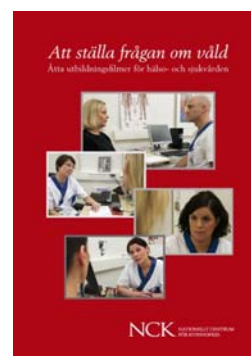
## Government Commission: Methods for Asking About Violence in the Health Care

- 19 authors, experts in their fields
- 4 studies
- Recommendations



## Training for Health Care staff

- Educational material with questions for discussion
- Eight scenes from the health care
- University course: Training of trainers (specialized for the health care)



## National Action Programme for the Management of Victims of Sexual Assault

Governmental commission initiated  
by the Ministry of Justice in order to

- improve the medical and psychosocial care
- clarify the health care services' role in the judicial process



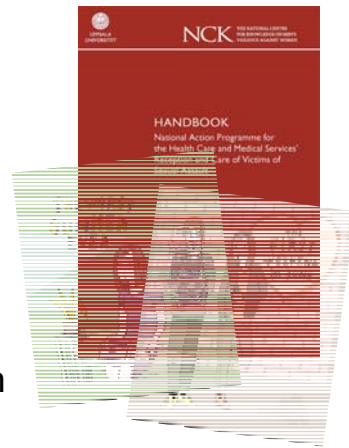
## Guide and Sexual Assault Evidence Collection Kit

- Pre-packaged kit for examination (women and men)
- Includes the Guide and information about the helpline for women
- Available nationally since January 2011



## Work goes on...

- Instruction film
- Multi-disciplinary anthology on rape
- Cartoon style short stories
- Website
- Translated into English
- Project in South Africa



Knowledge about violence and its consequences is important for

- giving professional care to victims of violence
- successful violence prevention
- changing attitudes



UPPSALA  
UNIVERSITET

## Training for students and professionals

- University courses
- Contracted education
- Consultation for governmental agencies and organisations
- Teaching media
- E-learning

**NCK**

THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN



UPPSALA  
UNIVERSITET

## University Courses

### For students:

- Men's violence against women  
– undergraduate level

### For professionals:

- Men's violence against women  
- focusing on cross professional learning
- Training of trainers
- Specialized training for professions  
(medical staff, police, social workers, )

**NCK**

THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN



UPPSALA  
UNIVERSITET

## Perspectives

### Interdisciplinary perspective

Medicine, law, sociology, criminology, psychology, victimology, gender studies, political science

### International agreements

CEDAW (1979) UN Convention on the Elimination of all kinds of Discrimination Against Women

Declaration on the Elimination of Violence Against Women (1993)

European Council: The Istanbul Convention 2011

**NCK**  
THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN



UPPSALA  
UNIVERSITET

## Our methodology

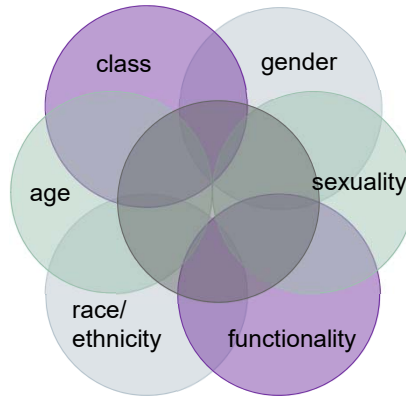
- Learning together through reflection
- Problem solving and analysis  
– no “universal solution”
- Norm-critical pedagogy

**NCK**  
THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN



UPPSALA  
UNIVERSITET

## Intersectionality and Vulnerability



**NCK**  
THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN

Lockhart & Danis (2010). *Domestic Violence: Intersectionality and Culturally Competent Practice*



UPPSALA  
UNIVERSITET

## Intersectionality and Vulnerability in Practice

The concept of vulnerability, in connection to violence, reveals how people

- who differ from the **norm**
- may be subjected to **violence** and **discrimination** in ways
- that require **special support from society**.

**NCK**  
THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN



UPPSALA  
UNIVERSITET

## If not...

- Criminal acts might be overseen
- Difficulties to seek support and / or to be believed
- Particularly strong dependence

**NCK**

THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN



UPPSALA  
UNIVERSITET

## Teaching media

- Textbook
- Films
- Workbooks



**NCK**

THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN





UPPSALA  
UNIVERSITET

## Making Knowledge Accessible - [nck.uu.se/kunskapsbanken](http://nck.uu.se/kunskapsbanken)

- Information on researchers
- Introductory texts
- Publication/reports from authorities

### Kunskapsbanken – samlad kunskap för kvinnofrid



NCK:s kunskapsbank är en webbplats för dig som söker kunskap inom områdena mäns våld mot kvinnor, hedersrelaterat våld och förtryck samt våld i sambandade relationer. Här hittar du forskare och aktuella forskningsprojekt, ämnesguider, litteraturlists samt en mängd publikationer från NCK och andra myndigheter.

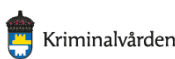
Webbkurs om våld →

Webbatöd för kommuner →

**NCK**  
THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN



UPPSALA  
UNIVERSITET



## Special Websites for Social Services and Health Care (including Dental Care)

- More practical information
- “Learning examples”  
– stories from workplaces  
around Sweden



## E-learning on Violence Against Women

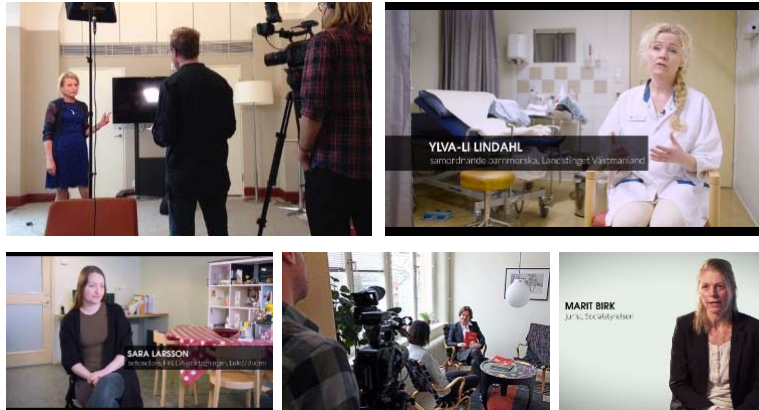
- Introduction course for professionals
- Increase the level of knowledge  
nationally
- Free of charge
- For individuals or groups
- Launched in  
September 2016





UPPSALA  
UNIVERSITET

## Filmed Interviews with Experts and Professionals



**NCK**  
THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN



UPPSALA  
UNIVERSITET

## Kvinnofridslinjen – Sweden's National Helpline

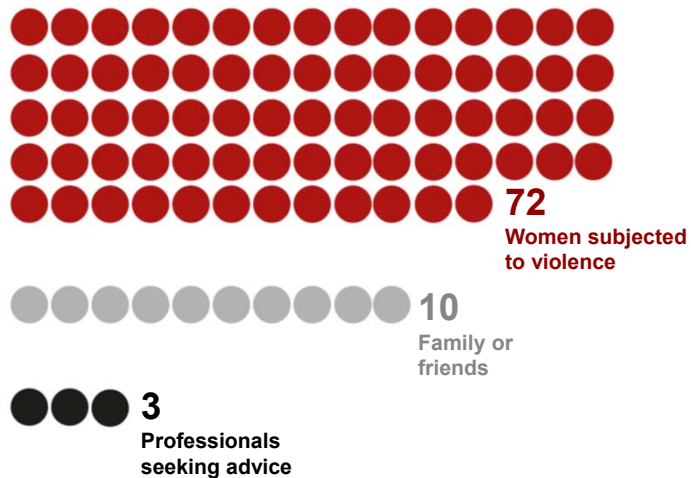
- Commissioned by the Swedish Government
- Run by NCK's clinical unit at Uppsala University Hospital
- Started in December 2007
- 30 000 calls/year (population in Sweden 10 million)

**NCK**  
THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN

## Professional and Easily Accessible

- Open 24/7/365
- Professional staff
- Free call, does not appear on the phone bill
- Information about local resources all over Sweden: women's shelters, social service, medical care et cetera
- Access to interpreters
- Website
- Information available in 27 languages
- Can only be reached from within Sweden

## 85 Calls a Day

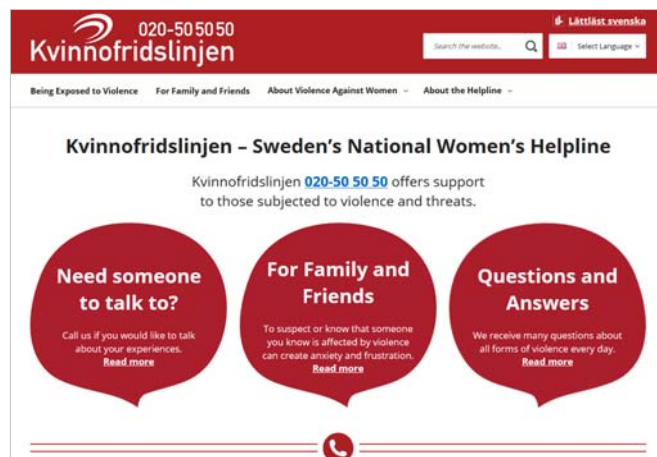


## A Helpline Must be Well Known

- Posters, leaflets and information cards (over 25 languages)
- Distributed to hospitals, police stations, pharmacies et cetera
- Ads in newspapers and on internet
- Press releases



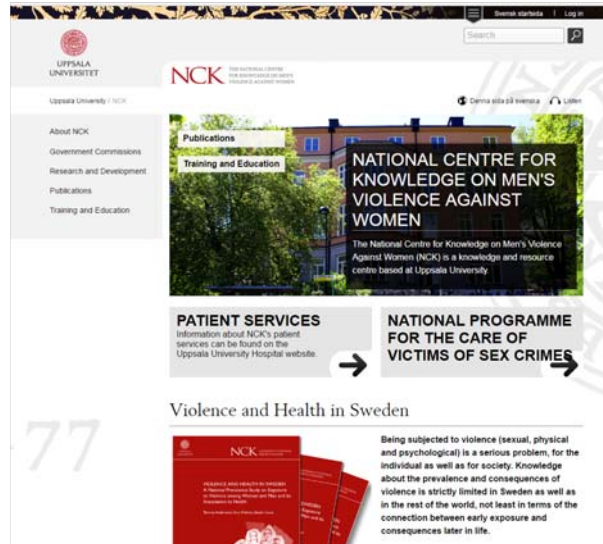
## www.kvinnofridslinjen.se/en





UPPSALA  
UNIVERSITET

nck.uu.se/en



**NCK**  
THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN




UPPSALA  
UNIVERSITET

nck.uu.se/en

[www.kvinnofridslinjen.se](http://www.kvinnofridslinjen.se)

malin.eriksson@nck.uu.se

 KvinnofridNCK

 Kvinnofridslinjen

020-50 50 50

**NCK**  
THE NATIONAL CENTRE FOR KNOWLEDGE ON  
MEN'S VIOLENCE AGAINST WOMEN

