



Instruction

Overview “Do You Want To?”

“Do you want to?” is methodological material produced by RFSU in order to prevent harassment, assault and sexual violence, and to promote mutual consent. Through several short videos and follow-up discussion questions, we want to open up conversations about sexuality, communication and boundaries.

How can you be certain that the other person really wants to have sex? And how do you know what you want yourself? In bed, in front of a webcam, at a party or on an eagerly awaited cyber date – situations occur and are sometimes a little different than what the people involved initially thought they would be. The purpose of *Do you want to?* is to give young people tools to better handle these situations. The videos are about the grey zone between mutually consensual sex and sex that does not feel good, as well as what someone who sees an assault happening can do to intervene.

We recommend showing and discussing **all of the videos** because together, they provide a deeper understanding and knowledge about mutual consent and communication. At rfsu.se/villdu.se you will find the videos and accompanying teaching and discussion questions.

Below, you can find the videos in the order in which we think it is best to show them. Each video is about two–three minutes long. Watching and discussing all of the videos will take about 90–120 minutes, but of course it is up to you and the group to determine how much time you want to spend on each video.

Casting – What is sex, actually? And what is good sex?

The Birthday – Pressure and initiative – how does it feel and what is the difference?

Just do it! – If someone sees an assault taking place, what can they do to intervene?

The Gorilla – Sexual harassment, gender roles and cyber sex

A Night at Home – Sex, communication and interaction

Basketball Guys – Sex, communication and interaction

Do you want to? – Sex is better with communication

Tips!

A Night at Home and **Basketball Guys** cover the same theme, but with two different outcomes. If you choose to show the videos one after the other, it may therefore be smart to think through which discussion questions you will ask after each video in order to avoid repetition.