



Instruction

The Gorilla

***The Gorilla* is a video in RFSU's "Do you want to?" series. Through several short films, we want to open up conversations about sexuality, communication and boundaries. The aim is to prevent violations, assault and sexual violence, and to promote mutual consent.**

Focus: Sexual harassment, gender roles and cyber sex

The Gorilla gives an example of how sexual harassment can look and the opportunity to discuss it. An important starting point for *The Gorilla* is to turn the power relationship around. The participants will have a chance to problematize how stereotypical gender roles can impact expectations surrounding sex and sexuality. Based on *The Gorilla* the group can also discuss what applies to the internet and cyber sex.

Implementation

First watch the video and then discuss what you saw together. Feel free to use the discussion questions below, but allow the focus to be on the participants' thoughts on the video.

Tips!

- If it is easy for the group to hold a well-flowing conversation, then ask the questions directly to the group.
- If the group is large, quiet, or if some people tend to dominate, it may be better to have participants discuss in smaller groups.
- You can also use sticky notes on which participants can write down their responses alone or in small groups.
- Keep in mind that the participants may interpret and perceive the videos differently, sometimes because they are reminded of their own experiences.

Discussion questions:

- After watching the video, what do you think?
- Why do you think the girls behaved the way they did?
- Why do you think the guy goes along with taking off his shirt?
- They shift between words like "pussy" and "super muscular." Why?
- What does the word "pussy" mean? What do they mean by "pussy" in this situation?
- Would the situation have been different if it had been two guys pressuring a girl? Is there a difference?
- Do you think the guy talks to anyone about what happened? Why/why not?
- Is the guy vulnerable in this situation? Does he do something against his will? Was he forced?
- Can you call what happens in the video sexual harassment? What is that really?
- How do you think the guy feels at the end of the video? How do the girls feel?

Expanded discussion

Cyber sex can be safer sex in many ways, but there are also some things that are good to keep in mind. Discuss the risks and advantages of cyber sex.

- In what ways can it be safer to have sex online? What is good to remember?
- What applies online? Do other rules/laws apply online versus in real life?
(No, they don't!)

We recommend showing and discussing **all of the videos** because together, they provide a deeper understanding and knowledge about mutual consent and communication. Each video is about two–three minutes long. In *Overview Do You Want To?* which you can find at rfsu.se/villdu, you can read more about the order in which it is best to watch the videos, the estimated time and what themes each video addresses.